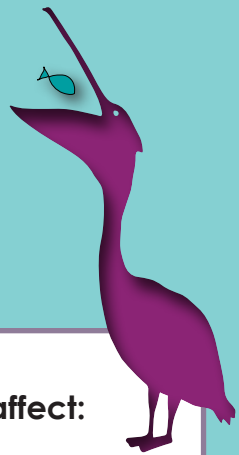


swallowing awareness day

Wednesday
13 March 2019



PEOPLE SWALLOW
700+
TIMES PER DAY
(ON AVERAGE)

Swallowing uses
26
muscles

More than
1 million
Australians
have difficulty
swallowing

A swallowing disorder may affect:

15-30% of people aged 65+ living in the community

50% of older adults in nursing homes

84% of people with Parkinson's disease

100% of people with Alzheimer's, at some point in their disease progression

20% of adults with mental health disorders

45% of patients with head and neck cancer, post chemoradiotherapy

40% of stroke survivors have an ongoing need for support for swallowing

25% of patients with Multiple Sclerosis have swallowing difficulties-increasing to as many as **65%** of those with severe Multiple Sclerosis.



dysphagia



One in 17 people will develop some form of dysphagia in their lifetime.

Dysphagia

(dis-fay-juh)
noun, difficulty or discomfort in swallowing.